

Region F

FAMILY CONNECTS CHICAGO PROGRAM

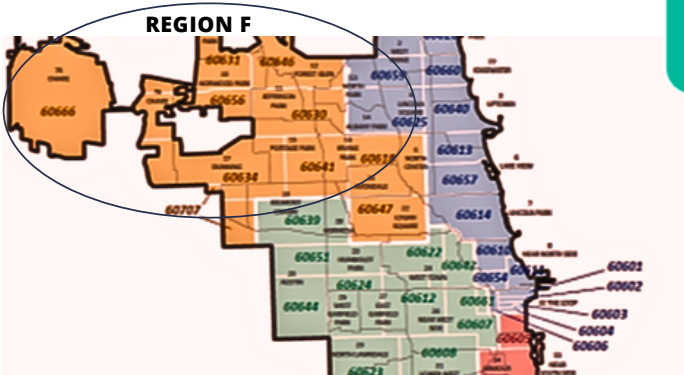


WHAT IS FAMILY CONNECTS?

Family Connects Chicago (FCC) is a new home visiting program for all Chicago families with newborns. It is an evidence-based approach to supporting the health and well-being of all newborns and their families. The program offers families up to three home visits by a highly-trained registered nurse and connects them to needed community resources at no cost.

WHAT IS THE PURPOSE OF FCC?

FCC's goal is to improve the accuracy and efficiency of connecting families with the right services, at the right time, in the right amount. Chicago is divided into six Regions, each with their own R-CAB; MFS is responsible for Region F which covers the Far North West Side.



WHAT TO EXPECT:

- 3 Weeks in: Expect a visit around 3 weeks after birth
- No Cost: As a parent(s) of a newborn, there is not additional cost to you
- Registered Nurses: All nurses are highly skilled professionals
- For All: Helping all Chicago families with a newborn who delivered at a partner hospital

HELP FOR BABY

- Baby weight check
- Safe sleep Information
- Infant feeding and fussiness
- Help with bathing, diapering, and swaddling

HELP FOR MOM

- Mom's health check
- Breastfeeding support
- Family Planning advice
- Postpartum depression screening

HELP FOR FAMILY

- Scheduling doctor's appointments
- Understanding child care options
- Early literacy information
- Community connections



SERVICE IS BROUGHT TO YOU BY THE CHICAGO DEPARTMENT OF PUBLIC HEALTH, IN PARTNERSHIP WITH SINAI CHICAGO- MOUNT SINAI HOSPITAL, HUMBOLDT PARK HEALTH, RUSH UNIVERSITY MEDICAL CENTER, UNIVERSITY OF CHICAGO MEDICAL CENTER, AND NORTHWESTERN PRENTICE WOMEN'S HOSPITAL

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LOCATION

METROPOLITAN FAMILY SERVICES NORTH CENTER (MFS)
3249 North Central Ave
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Metropolitan Family Services empowers families to learn, to earn, to heal, to thrive. Part mentor, part motivator, part advocate, since 1857 Metropolitan Family Services has been the engine of change that empowers Chicago-area families to reach their greatest potential and positively impact their communities. **Learn more at www.metrofamily.org.**