



metropolitan
family services

2018-19 Head Start
Annual Report
Chicago

CHICAGO EARLY CHILDHOOD EDUCATION PROGRAMS

GENERAL INFORMATION

Grantee:	Department of Family Support Services	
Delegate Agency:	Metropolitan Family Services Chicago	
Grant Number:	05CH8460	
Address:	1 North Dearborn, Suite 1000, Chicago, IL 60602	
Phone:	312-986-4000	
Fax:	312-986-4334	
Associate Director:	Dawn Delgado	delgadod@metrofamily.org
Early Learning Manager:	Rhonda Freedman	freemanr@metrofamily.org
Agency Website:	www.metrofamily.org	
Agency Type:	Delegate	
Agency Description:	Metropolitan Family Services - Chicago is a Head Start/Early Head Start delegate agency for the City of Chicago that provides services through Early Learning Center and home-based programs across the City of Chicago.	

DIRECTLY OPERATED CENTER BASED SITES

Metropolitan Family Services - Chicago operates three center-based sites throughout the city. These sites provide services to families Monday-Friday for the full day – up to 11 hours per day in preschool and up to 10 hours per day in birth to three. North and Midway Children’s Center each have 51 Pre-School slots with blended funding: Head Start, Preschool for All, and Child Care Assistance Program. North Children’s Center also has 24 Prevention Initiative/Child Care slots and Midway Children’s Center has 12 Prevention Initiative/Child Care slots. The Learning and Wellness center has 68 Head Start and Pre-School for All slots in addition to 32 center-based Early Head Start and Prevention Initiative slots. Our Child Care Centers are located at the following locations.

Midway Children’s Center
3215 W. 63rd St.
Chicago, IL 60629

North Children’s Center
3255 N. Central
Chicago, IL 60634

Learning and Wellness Center
5338 S. Loomis
Chicago, IL 60609

DIRECTLY OPERATED HOME-BASED SITES

Metropolitan Family Services - Chicago operates home-based educational programs, providing services for 144 Early Head Start children, families, and prenatal clients across five sites throughout Chicagoland. North Center and the Learning and Wellness Center each have 36 Early Head Start/Prevention Initiative home-based slots and Midway, Calumet and Southeast Chicago each have 24 Early Head Start/Prevention Initiative home-based slots. Our home-based Centers are located at the following locations.

Calumet
235 East 103rd Street
Chicago, Illinois 60628

Midway
3843 West 63rd Street
Chicago, Illinois 60629

Learning and Wellness Center
5338 South Loomis
Chicago, Illinois 60609

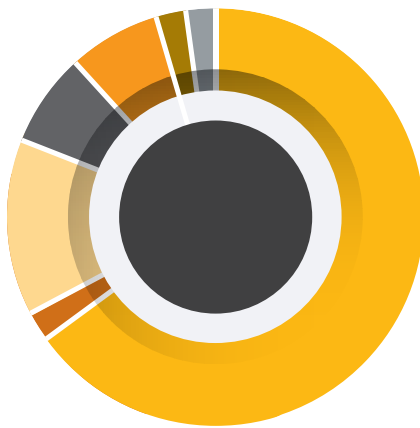
Southeast Chicago
3062 West 91st Street
Chicago, Illinois 60617

North
3249 North Central
Chicago, Illinois 60634

OVERALL DELEGATE BUDGET

TOTAL PUBLIC AND PRIVATE FUNDS RECEIVED: \$6,921,823.

Public Funds		Private Funds	
Source	Amount	Source	Amount
City of Chicago	\$6,516,061	In-Kind	\$37,920
State of Illinois	\$241,350	Foundations/Individuals/ Corporations	\$38,000
Chicago Board of Ed	\$0	Client Fees	\$88,492
Total	\$6,757,411	Total	\$164,412



2019 BUDGETED EXPENDITURES

- 68% Salaries/Benefits
- 2% Subcontractors/Professional Fees
- 13% Administrative
- 6% Program Expenses/Food
- 9% Occupancy/Technology
- 1% Other
- 1% Staff/Client Transportation



2019 ACTUAL EXPENDITURES

- 63% Salaries/Benefits
- 5% Subcontractors/Professional Fees
- 13% Administrative
- 7% Program Expenses/Food
- 10% Occupancy/Technology
- 1% Other
- 1% Staff/Client Transportation

ENROLLMENT

EARLY HEAD START - FUNDED ENROLLMENT

ENROLLED

% TOTAL ENROLLMENT

Total Funded Early Head Start Enrollment	164	N/A
Early Head Start Funded (Actual) Enrollment	164	N/A
Total Cumulative Enrollment – Children	203	100%
Number of Children Enrolled < 45 days	13	6%

ENROLLMENT BY PROGRAM OPTION

Home-Based Program	128	78%
Center-Based Full-Day Full - Year 5 Days per Week	36	22%

ENROLLMENT – CHILDREN BY AGE

Under 1 Year	70	34%
1 Year Old	75	37%
2 Years Old	58	29%

ENROLLMENT – PREGNANT WOMEN

Total Enrollment of Pregnant Women	30	100%
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ENROLLMENT BY ELIGIBILITY

Income Below 100% Poverty Line	196	84%
Receipt of Public Assistance (TANF, SSI, etc.)	24	10%
Foster Child	1	0%
Status as Homeless	9	4%
Over-Income	2	1%

ENROLLMENT BY ETHNICITY

Hispanic or Latino Origin	133	57%
Non-Hispanic or Non-Latino Origin	100	43%

1) Percentages based on cumulative number of children enrolled throughout the year.

2) Due to individual percentage rounding, a category's combined percentages may be slightly greater or less than 100%.

3) Variance between reported slots (page 1) and children enrolled (page 3) is due to blended funding streams.

EARLY HEAD START - FUNDED ENROLLMENT**# ENROLLED****% TOTAL ENROLLMENT****ENROLLMENT BY RACE**

American Indian or Alaska Native	0	0%
Asian	1	0%
Black or African American	96	41%
White	127	55%
Biracial/Multi-racial	9	4%

ENROLLMENT BY PRIMARY LANGUAGE

English	129	55%
Spanish	102	44%
Middle Eastern & South Asian Languages	0	0%
European & Slavic Languages	0	0%
African Languages	2	1%
Other (1 East Asian)	1	0%

HEAD START - FUNDED ENROLLMENT**# ENROLLED****% TOTAL ENROLLMENT**

Total Funded Head Start Enrollment	130	N/A
Head Start Funded (Actual) Enrollment	130	N/A
Total Cumulative Enrollment	135	100%
Number of Children Enrolled < 45 days	1	1%

ENROLLMENT BY PROGRAM OPTION

Home-Based Program	0	0%
Center-Based - 5 Days per Week		
Full Day Enrollment	130	100%
Part-Day Enrollment	0	0%

ENROLLMENT - CHILDREN BY AGE

2 Years Old	0	0%
3 Years Old	61	45%
4 Years Old	74	55%

ENROLLMENT BY ELIGIBILITY

Income Below 100% Poverty Line	115	85%
Receipt of Public Assistance (TANF, SSI, etc.)	8	6%
Status as Foster Child	0	0%
Status as Homeless	1	1%
Over-Income	7	5%
Exceeding Allowed Over Income	4	3%

ENROLLMENT BY ETHNICITY

Hispanic or Latino Origin	111	82%
Non-Hispanic or Non-Latino Origin	24	18%

ENROLLMENT BY RACE

American Indian or Alaska Native	0	0%
Asian	0	0%
Black or African American	23	17%
White	106	79%
Biracial/Multi-racial	6	4%
Other	0	0%

ENROLLMENT BY PRIMARY LANGUAGE

English	74	55%
Spanish	61	45%
Middle Eastern & South Asian Languages	0	0%
East Asian Languages	0	0%
Pacific Island Languages	0	0%
European & Slavic Languages	0	0%
African Languages	0	0%
Other	0	0%

HEALTH

EARLY HEAD START - HEALTH SERVICES INFORMATION # ENROLLED % TOTAL ENROLLMENT

Children With Health Insurance	202	100%
Number Enrolled in Medicaid and/or CHIP	184	91%
Number With Private Insurance	14	7%

MEDICAL HOME (at end of enrollment)

Number of Children With an Ongoing Source of Continuous, Accessible Healthcare	199	98%
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MEDICAL SERVICES (at end of enrollment)

Number of all Children Up-to-Date on:

EPSDT Schedule	126	62%
Of These, the Number Diagnosed With a Chronic Condition Needing Medical Treatment	6	3%
Of These, the Number Who Have Received or Are Receiving Medical Treatment	6	3%

Number of all Children who Received Medical Treatment of the Following Chronic Health Conditions, Including Those Diagnosed Prior to August 31, 2017:

Anemia	5	2%
Asthma	5	2%
Hearing Difficulties	0	0%
Vision Problems	0	0%
High Lead Levels	4	2%

IMMUNIZATION SERVICES (at end of enrollment)

Number of Children Determined Up-to-Date	181	89%
Number of Children Exempt	1	0%

DENTAL HOME (at end of enrollment)

Number of Children with Continuous, Accessible Dental Care Provided by a Dentist	179	88%
Number of infant/toddlers determined up-to-date on EPSDT Schedule for oral care	55	27%

HEALTH SERVICES INFORMATION - PREGNANT WOMEN # ENROLLED % TOTAL ENROLLMENT

HEALTH INSURANCE (at end of enrollment)

Number of Pregnant Women With at Least One Type of Health Insurance	27	90%
Pregnant Women - Services		
Prenatal Care	16	53%
Postpartum Care	15	50%
Mental Health Intervention and Follow up	14	47%
Substance Abuse Prevention	14	47%
Prenatal Education on Fetal Development	17	57%
Breastfeeding Education	18	60%
Number of Pregnant Women Who Received a Professional Dental Exam and/or Treatment	4	13%

HEAD START - HEALTH SERVICES INFORMATION # ENROLLED % TOTAL ENROLLMENT

HEALTH INSURANCE (at end of enrollment)

Children With Health Insurance	135	100%
Number Enrolled in Medicaid and/or CHIP	118	87%
Number With Private Insurance	15	11%

MEDICAL HOME (at end of enrollment)

Number of Children With an Ongoing Source of Continuous, Accessible Healthcare	135	100%
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MEDICAL SERVICES (at end of enrollment)

Number of all Children Up-to-Date on:		
EPSDT Schedule	114	84%
Of These, the Number Diagnosed With a Chronic Condition Needing Medical Treatment	2	1%
Of These, the Number Who Have Received or Are Receiving Medical Treatment	2	1%
Number of all Children who Received Medical Treatment of the Following Chronic Health Conditions, Including Those Diagnosed Prior to August 31, 2014:		
Anemia	1	1%
Asthma	7	5%
Hearing Difficulties	0	0%
Vision Problems	1	1%
High Lead Levels	1	1%

HEAD START - HEALTH SERVICES INFORMATION**# ENROLLED****% TOTAL ENROLLMENT****IMMUNIZATION SERVICES (at end of enrollment)**

Number of Children Determined Up-to-Date	135	100%
Number of Children Exempt	0	0

DENTAL HOME (at end of enrollment)

Number of Children with Continuous, Accessible Dental Care Provided by a Dentist	135	100%
Number of Children who Received Preventative Dental Care	74	55%
Number of Children in Need of Treatment	14	10%
Number of Children who Received Treatment	3	2%

FAMILY INFORMATION**EARLY HEAD START - NUMBER OF FAMILIES****# ENROLLED****% TOTAL ENROLLMENT**

Total Number of Families	196	100%
Number of Single-Parent Families	63	32%
Number of Two-Parent Families	133	68%

FAMILY SERVICES

The Number of Families who Received Services:

Emergency/Crisis Intervention	38	19%
Housing Assistance	21	11%
Mental Health Services	17	9%
ESL Training	3	2%
GED	38	19%
Job Training	22	11%
Substance Abuse Prevention	0	0%
Substance Abuse Treatment	0	0%
Child Abuse and Neglect Services	0	0%
Domestic Violence Services	6	3%
Child Support Assistance	44	22%
Health Education	27	14%
Parenting Education	32	16%
Relationship Education	9	5%
Assistance to Families of Incarcerated Individuals	0	0%
Number of Families That Received at Least One Service	178	91%

HEAD START - NUMBER OF FAMILIES**# ENROLLED****% TOTAL ENROLLMENT**

Total Number of Families	128	100%
Number of Single-Parent Families	34	27%
Number of Two-Parent Families	94	73%

FAMILY SERVICES

The Number of Families who Received Services:

Emergency/Crisis Intervention	18	14%
Housing Assistance	7	5%
Mental Health Services	11	9%
ESL Training	9	7%
GED	43	34%
Job Training	8	6%
Substance Abuse Prevention	0	0%
Substance Abuse Treatment	0	0%
Child Abuse and Neglect Services	0	0%
Domestic Violence Services	0	0%
Child Support Assistance	3	2%
Health Education	17	13%
Parenting Education	62	48%
Relationship Education	0	0%
Assistance to Families of Incarcerated Individuals	0	0%
Number of Families That Received at Least One Service	125	98%

SCHOOL READINESS

SCHOOL READINESS GOALS

Social Emotional:

- Children will demonstrate a positive self-concept, an ability to self-regulate, and emotional and behavioral health when interacting with peers and adults.

Physical Development:

- Children will demonstrate strength and coordination when utilizing both large and small muscles.

Language:

- Children will be able to respond appropriately to multi-step directions and high-level vocabulary with full comprehension and incorporate new vocabulary into conversations.
- Children will be able to speak their thoughts, ideas, and needs clearly with peers and adults.

Approaches to Learning:

- Children will attend to age appropriate tasks and show eagerness to learn about diverse topics.
- Children will utilize problem-solving skills to pursue appropriately challenging tasks, make predictions, and analyze results using flexibly minded thinking.

Literacy:

- Children will show an understanding of narrative structure and ability to communicate unique ideas on paper with confidence.

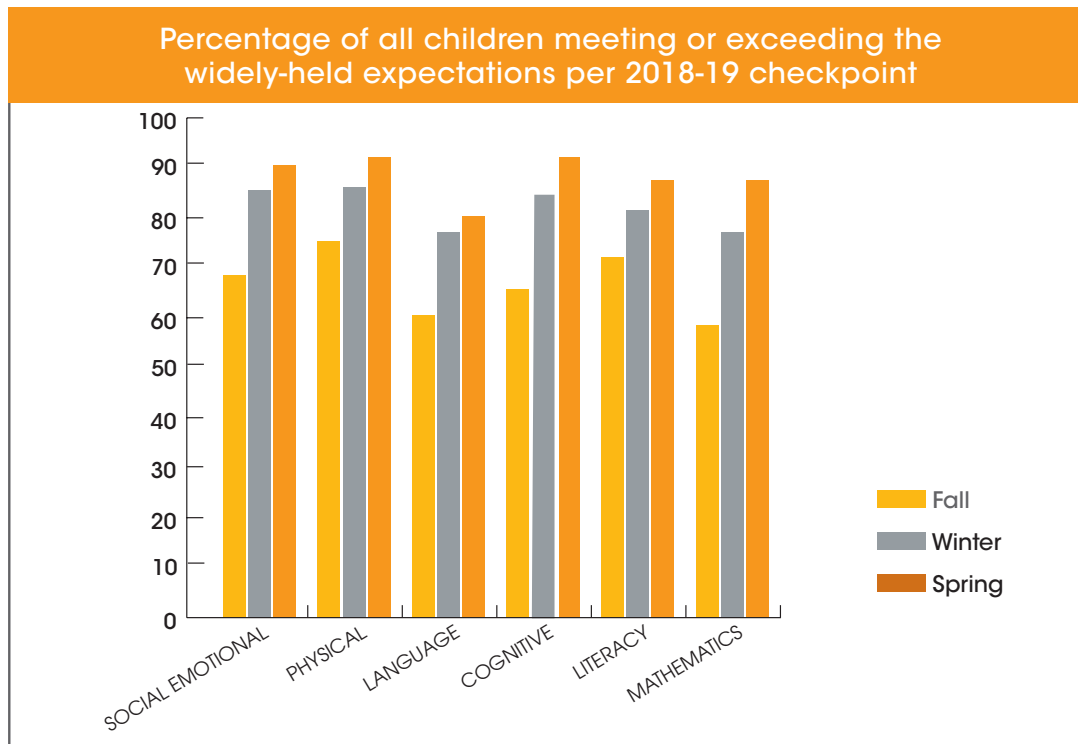
Mathematics:

- Children will demonstrate an ability to count and quantify objects accurately, describe and compare groups using mathematical language, and know the purpose of standard measuring tools.

English Language Acquisition:

- Dual Language Learners will demonstrate progress in comprehending and using English words and phrases.

CHILD OUTCOME DATA



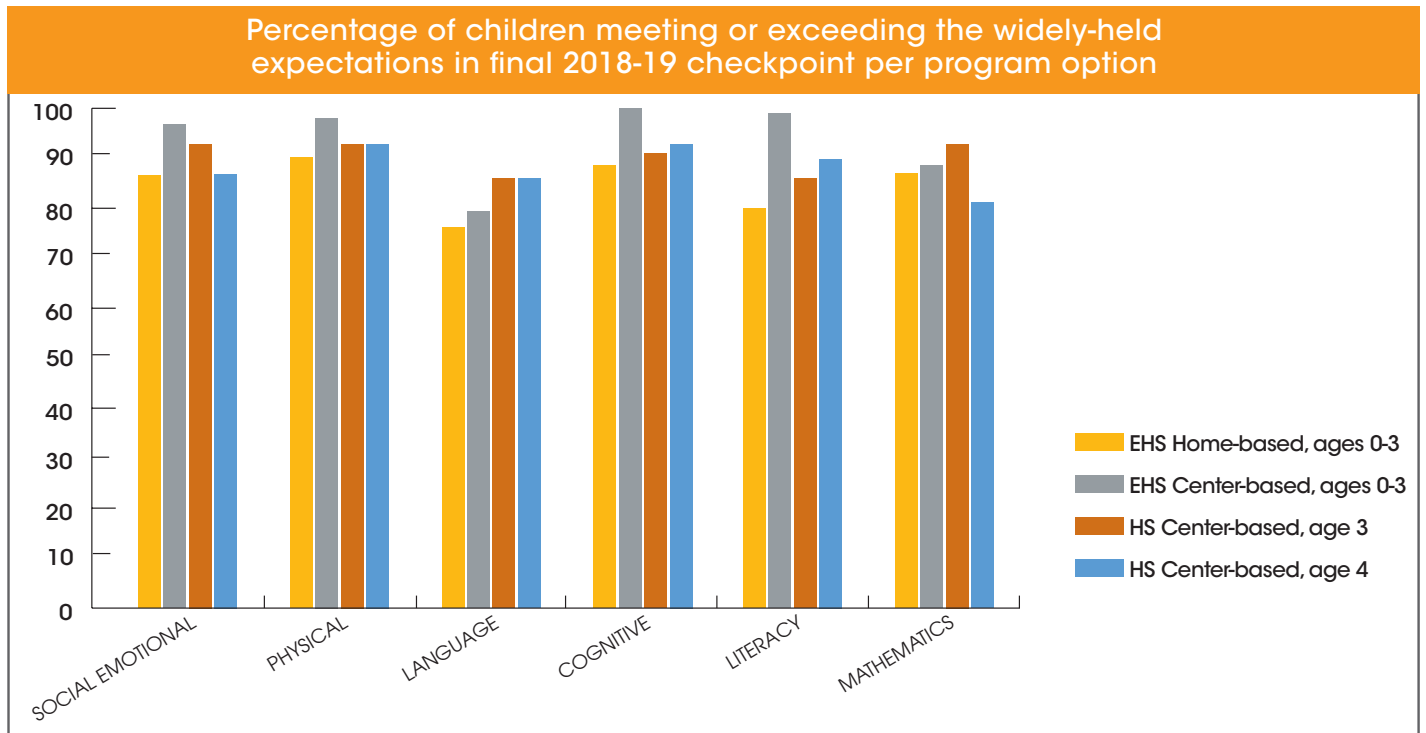
* This chart represents data from children in both center-based and home-based programs. A total of 301, 323, and 344 children were assessed in the Fall, Winter, and Spring checkpoints, respectively.

When reviewing data for all Head Start and Early Head Start children across the three checkpoint periods, we see significant growth from fall to spring across all domains of learning and development. The greatest growth throughout the program year was seen in the Cognitive and Mathematics domains.

Our grant goal is that 85% of children will meet or exceed the widely held expectations for learning and development. By spring, the programs exceeded this goal in all domains apart from Language. After each checkpoint period, teaching staff and parent-child educators participate in data dialogues, peer learning groups, and team meetings to help increase their understanding of school readiness scores and outcomes.

These data dialogues have led to increased professional knowledge in utilizing data in planning for experiences and reflecting on teaching practices to most effectively impact student learning and development outcomes.

CHILD OUTCOME DATA



* This chart represents data from 112 children in EHS Home based, 68 children in EHS Center based, 78 children in HS Center based for age 3, and 86 children in HS Center based for age 4.

When considering the spring checkpoint data by program option, we can see our center-based programs met or exceeded the 85% goal in all areas apart from Language for ages 0-3 and Mathematics for age 4. Our home-based program met or exceeded this goal in all domains apart from Language and Literacy.

This can be attributed to the individualized nature of classroom and home visit planning, intentionally implemented activities, and individualized coaching provided to both teachers and parent-child educators.

Our home visitors share strategies in their weekly visits to empower parents to engage with their children as their first teacher. Parent-child educators have shared that more parent education around the importance of talking with children is needed to help support growth in the language domain.

MONITORING REVIEW & ACCREDITATION VISIT

Our Chicago Head Start and Early Head Start programs did not have any federal and/or state monitoring or accreditation visits in the 2018-2019 program year.

COACHING AND PROFESSIONAL DEVELOPMENT

The Education Manager, Empowering Families Initiative Project Manager, Mental Health Team, Education Coach, and Infant Toddler Coach work collaboratively to provide professional development and coaching opportunities that are individualized to the needs of staff. In the summer of 2018, the Chicago Early Learning Programs hosted their first conference-style professional development week, where staff members opted into sessions on various topics of interest. Popular topics included: teamwork, parent engagement, trauma-informed care, engaging children in high quality read-alouds, and educational documentation boards.

The Department of Family and Support Services (DFSS) also gave center-based sites the opportunity to opt into coaching provided by city partners. North Children's Center leaders and the Infant Toddler coach supporting Early Head Start classrooms at the Learning and Wellness center received Curriculum Fidelity coaching from Teaching Strategies LLC. Midway Children's Center leaders and the Education Coach received coaching on reflective practice and supporting classroom mathematical practices from Erikson Institute.

In the 2019-2020 program year, the Chicago Early Learning Programs will be utilizing Practice-Based Coaching, a research based model to support teachers and home visitors in their practice, in addition to external coaching supports and training provided by our funders.

PARENT INVOLVEMENT & FAMILY ENGAGEMENT

Metropolitan Family Services – Chicago's Head Start and Early Head Start programs offer a variety of opportunities for parents to be engaged in their children's learning and the center community. We provide each family with access to individualized family support services, monthly opportunities for learning through workshops, and opportunities to engage with their children through classroom and center events. In home visiting, bi-monthly socialization groups offer an opportunity for parents to meet each other and engage with the program outside of their home. In addition, our home visiting program provides monthly Parent Education workshops which cover a variety of topics including Financial Literacy, Nutrition, Positive Discipline, Literacy and Self-Care.

Parents act as an essential part of the governing body for our programs. Parents elect other parents each year to serve on the Parent Policy Committee to partner with our funders, our agency, and our Head Start Board of Directors in making critical programming decisions through shared governance. Each site has parent liaisons that assist with the planning of parent events each year.

Parent involvement activities help connect Head Start and Early Head Start parents with their children's early education. At the Learning and Wellness Center and Midway Children's Center, parents partnered with staff as they engaged in Erikson Institute's Collaborative Math Initiative. Parents learned to make math games to play at home with their children, participated in the gathering of "real material" sorting collections, and partnered with teachers in the development of math lending libraries.

Across the sites, our male engagement campaign continued in the 2018-2019 program year. The goal of the initiative is to help males feel confident engaging with their birth to five-year-olds in play and learning. Each site had male-specific events and workshops and males were featured at each site in our male super hero photo shoots. The culminating parent engagement event of 2018-2019 was a trip to Navy Pier to take the architectural boat tour.

HOLISTIC STRATEGY TO EMPOWER FAMILIES



EDUCATION

We prepare young people and parents for success, from the early years throughout school, and all the way to college.



EMOTIONAL WELLNESS

We encourage healthy and productive lives through counseling and mental health services, violence prevention and intervention, and older adult services.



ECONOMIC STABILITY

We equip strong, self-sustaining families with the tools to find and maintain employment, achieve financial literacy, and build family wealth.



EMPOWERMENT

We help families stand up and be heard by providing legal aid and court advocacy services to the Chicago area's most vulnerable people.



Our Mission

To provide and mobilize the services needed to strengthen families and communities.

Our Vision

To be widely acknowledged as a major catalyst and resource for promoting family and community strengths.

Our Values

We value families and communities, their inherent strengths, their ability to grow, be resilient and find solutions to challenges. We value staff professionalism, ethical service delivery and programs that reflect our compassion for people.

We believe in effectively managing the contributions of our donors and funders through maintaining sound fiscal policies while striving for excellence.

We value expeditious decision making and informed risk taking in pursuit of our mission and strategies.

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