



metropolitan
family services

families **m**powered

FAMILY SUPPORT AND PREVENTION PROGRAM

CALL METROPOLITAN FAMILY SERVICES AT 847-425-7500 TO SCHEDULE AN APPOINTMENT

Formerly known as Child and Family Advocates (CAFA), the Family Support and Prevention Program has been serving Evanston residents since 1974. The purpose of this home-based program has been the same throughout its history:

HELPING VULNERABLE FAMILIES WITH CHILDREN TO IMPROVE FAMILY FUNCTIONING

The intent is to give families the tools they need to be able to effectively parent their children, thereby enhancing family functioning. The program is focused on families with multiple problems; helping them address core issues that impact the child and family functioning. Our Clinical staff works with parents to help them in identifying the problems and stressors impacting the family. Workers assist parents and children in developing skills that meet their physical, emotional, social, and developmental needs.

COMMON INDICATORS:

- Families who need intensive services
- Regression or deterioration in child/family functioning
- History of abuse within the family
- Parents who were abused as children
- Domestic Violence in the family
- A parent who feels they may lose control
- Families who have experienced trauma
- Families dealing with a child who has a disability
- Feelings of hopelessness, anger, or isolation
- Family stress negatively impacting the children

SERVICES INCLUDE:

- Individual and Family Therapy
- Home-Based Services
- Case Management
- Linkage and Referral Services
- Consultation with schools and other service providers
- Advocacy

The Family Support and Prevention Program is funded by the City of Evanston and provides services free of charge to families who reside in Evanston and qualify for the program.

*families **m**powered to learn. to earn. to heal. to thrive.*