



Parenting Fundamentals Winter 2019 Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Metropolitan Family Services North Center 3249 N Central Ave 6:00pm – 8:00pm Parents with children 0-4 January 28 – March 25 SPANISH	Tioga School 212 Memorial Rd Bensenville IL 5:00pm-7:00pm Parents with children 0-4 January 29 – March 19 School Parents Only SPANISH	Enrico Tonti CPC 5815 S Homan Ave 11.30am – 1.30pm Parents with children 0-8 January 30 – March 20 School Parents Only SPANISH	Hanson Park CPC 2318 N Lorel 9:00am – 11:00am Parents with 4-8 January 31 – March 21 School Parents Only SPANISH	Stevenson Elementary School 8010 s Kostner 9.00am – 11.00am Parents with children 12-18 February 8 – March 29 School Parents Only SPANISH
Metropolitan Family Services Learning & Wellness Center 5338 S. Loomis Blvd 4:00pm-6:00pm Parents with children 0-8 January 28 – March 25	District 130 & 143.5 12300 Greenwood St Blue Island 1:00pm – 3:00pm Parents with children 0-4 January 29 March 19	Harriett Tubman School 333 E 142st Dolton IL 4.00pm – 6.00pm Parents with children 0-4 January 30 – March 20	Metropolitan Family Services Evanston/ Skokie 820 Davis St. 6:00pm-8:00pm Parents with children 0-8 January 31 – March 21	Lincoln Elementary School 410 157 st Calumet City IL 8:30am – 10:30am Parents with Children 4-8 February 8 – March 29
Tioga School 212 Memorial Rd Bensenville IL 5:00pm-7:00pm Parents with children 0-4 January 28 – April 1 School Parents Only	John Fiske CPC 6020 S Langley Ave 8:30am – 10:30am Parents with children 8-12 January 29 – March 19 School Parents Only	Courtenay CPC 4420 N Beacon 8.30am – 10.30am Parents with Children 0-4 January 30 – March 20 School Parent Only	Wednesday MetCalfe 12339 s Normal 10:00am – 12:00pm Parents with Children 4-8 January 30 – March 20 MetCalf Parents Only	Illinois Action for Children – Ford Heights Early Learning Center 1055 Berkeley Ave. Ford Heights, IL. 9.00am – 11.00am Parents with children 0-4 February 8 – March 29
Childs School 14123 Lydia Robbins IL 4:00pm – 6:00pm Parents with children 4-8 January 28- March 25		Webster CPC 4055 W Arthington 9.00am – 11.00am Parents with children 0-4 January 30 – March 20 School Parents only		



metropolitan family services™

Parenting Fundamentals (PF) offers parents tools and techniques to help their children live fulfilling and productive lives. PF is a comprehensive, evidence-based Parenting Education program that offers classes in English and Spanish to parents with children ages 0-18. The program empowers parents through education to strengthen their families and improve school performance.

Parenting classes are two-hour sessions that teach the importance of parent-child connection, positive parenting skills, effective discipline, support for school success and self-care for parents. The PF program also provides additional family support and guidance through Home Visits that allow for one-on-one time with the parenting educator to address needs that may be difficult to bring up in class, support parent-child interaction in the home, and assess for other resources families may need. Childcare is provided for children while parents attend the class and refreshments are served.

For more information about the program, please contact Intake at 773-884-2290

Fundamentos de Crianza (PF) ofrece a los padres herramientas y técnicas para ayudar a sus hijos a vivir una vida plena y productiva. PF es un programa educativo integral para padres basado en evidencia, que ofrece clases en inglés y español a padres con niños de 0 a 18 años. Este programa ofrece herramientas a los padres para fortalecer a sus familias y mejorar el rendimiento escolar.

Las clases de padres son sesiones de dos horas que enseñan la importancia de la conexión entre padres e hijos, habilidades positivas para los padres, disciplina efectiva, apoyo para el éxito escolar y cuidado personal para los padres. El programa de PF también brinda apoyo y orientación familiar adicionales a través de visitas a domicilio que permiten un tiempo individual con el educador de padres para atender las necesidades que pueden ser difíciles de discutir en clase, apoyar la interacción entre padres e hijos en el hogar y evaluar recursos que las familias puedan necesitar. Se proporciona cuidado de niños mientras los padres asisten a clase. Se ofrecen refrescos.

Para obtener más información sobre el programa, comuníquese con Intake al 773-884-2290