

metropolitan* family services

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Substance Abuse Prevention Services

EVIDENCE-BASED YOUTH PREVENTION EDUCATION

The Substance Abuse Prevention Services Program increases prevention-related drug knowledge and resistance skills. It enhances youth's protective factors and increases their skills in dealing with high-risk situations. Students build core social-emotional skills like goal setting, decision making and emotion management. They also learn about the short- and long-term effects of abusing alcohol, marijuana, tobacco, inhalants and street drugs.

The curriculum is delivered to middle school students during school (5th-8th grade) within the Chicago communities of Belmont Cragin, Humboldt Park, Hermosa, Logan Square as well as Skokie Valley.

ENGAGING THE COMMUNITY

- Youth Advisory Committee: Youth in the community meet monthly to plan two annual activities that focus on drug and alcohol prevention in their community. Youth also participate in a communications campaign and environmental scan
- Communications Campaign: Youth and Substance Abuse Prevention Staff work together to implement and promote a communications campaign that addresses substance abuse prevention
- **Environmental Scan:** Substance Abuse Prevention staff and youth identify businesses in the community that sell drug paraphernalia. The goal is to educate retailers regarding the consequences and community benefits of not selling marijuana paraphernalia.
- **Drug Take-Back:** Promoting Drug Take-Back locations and events in the community
- Illinois Youth Survey: Substance Abuse Prevention staff help local CPS schools sign up for the Illinois Youth Survey

LOCATIONS

North Center 3249 N. Central Ave. Chicago, IL 773-371-3700

Skokie Valley 5210 Main Street Skokie, IL 847-425-7500

Learn more at www.metrofamily.org

