We offer counseling and caregiver respite services to assist older adults and their families in meeting the challenges and opportunities of later years.

**Family Caregiver Support** equips family members with tools, education, and a support system to help them care for their older relatives.

**Grandparents Raising Grandchildren** provides professional support and a peer network for relatives and grandparents who are raising young children.

**Senior Counseling** provides therapy, case management, psychiatric services and support groups to help navigate the emotional issues of later life.

For more information call Metropolitan DuPage 630-784-4800

These programs are supported by United Way, Northeastern Illinois Agency on Aging, City of Elmhurst, Illinois Department of Human Services, and the Illinois Department of Aging.

Senior Services are available at these locations:

**DuPage Center**
222 East Willow Avenue
Wheaton, Illinois 60187
630-784-4800

**Americenter of Naperville/Warrenville**
27475 Ferry Road, Ste 120
Warrenville, IL 60555

**Elmhurst City Hall**
209 N. York Road, 1st Floor
Elmhurst, IL 60126

**Woodridge**
1999 W. 75th Street
Woodridge, IL 60517

www.metrofamily.org