

2018 5K SUMMER DASH TO EMPOWER COMMUNITY SCHOOLS

Fun. Fitness. Family.

SATURDAY, JUNE 16, 2018 • MARQUETTE PARK • CHICAGO
RACE • 8:00 A.M. | POST-RACE FESTIVAL • 9:30 A.M.



Lace up your running shoes and join Metropolitan Family Services for a morning of fitness and fun at the **4th Annual 5K Summer Dash to Empower Community Schools!** Proceeds will help fund expanded Out-of-School Time programming for thirteen Community School programs in the Midway Area.



ADULT REGISTRATION FEES

- EARLY BIRD REGISTRATION (2/19/18 - 3/2/18)..... \$20.00
- DISCOUNTED REGISTRATION (3/3/18 - 3/10/18)..... \$25.00
- GENERAL REGISTRATION (3/11/18 - 6/2/18)..... \$30.00
- LAST CALL REGISTRATION (6/3/18 - 6/12/18)..... \$35.00
- RACE DAY REGISTRATION (6/16/18, 6:30-7:30 a.m.)..... \$40.00

YOUTH REGISTRATION FEE

- 5-18 YEARS REGISTRATION (2/19/18 - 6/16/18)..... \$10.00

ABOUT THE COURSE

The 5K Summer Dash course is a USATF-certified, and is within scenic Marquette Park. We invite runners and walkers of all fitness levels to participate in this fun, family event.

The race will culminate with a medal ceremony, where youth and adults in several categories will be awarded.

NEW THIS YEAR

We will be hosting a post-race festival, filled with fun, food, and entertainment.

PARTICIPATING COMMUNITY SCHOOLS

- Ashburn Community School
- Dawes Elementary School
- Dore Elementary School
- Durkin Park Elementary School
- Hale Elementary School
- Hernandez Middle School
- Hubbard High School
- Kennedy High School
- Morrill Elementary School
- Pasteur Elementary School
- Peck Elementary School
- Stevenson Elementary School
- Tonti Elementary School



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To Register, Volunteer, or for More Information, please visit
www.metrofamily.org/events/summer-dash