

PARENTING FUNDAMENTALS FALL 2017 CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Metropolitan Family Services LWC Center 5338 S. Loomis Blvd. Oct. 9 4 pm – 6 pm to Nov. 27 Parents with children 0-8	Martin Luther King Jr. Elementary School 644 W. 71 st Street Oct. 10 9 am – 11 am to Dec. 5 Parents with children 13-18 	Hanson Park CPC 5411 W. Fullerton Ave. 11 oct. 9 am – 11 am a 20 dec. Padres con niños 0-4	Turner Elementary School 3847 W. 135 th Street, Robbins, IL Oct. 12 9 am – 11 am To Dec. 14 Parents with children Preschool - Kindergarten
Erie Family Health Center Evanston 1285 Hartrey, Evanston, IL Oct. 9 6 pm – 8 pm to Nov. 27 Parents with children 0-8	Teamwork Englewood 815 W. 63 rd Street 2 nd FL. Oct. 10 10 am – 12 pm to Dec. 5 Parents with children 13-18 	Parent University @ Corliss HS 821 E. 103 rd Street Oct. 11 10 am – 12 pm To Dec. 6 Parents with children 13-18 	Whole Foods Market Englewood 832 W. 63 rd Street Oct. 12 10:30 am – 12:30 pm To Dec. 7 Parents with children 13-18 
	Erie Family Health Center West Town 1701 W. Superior Ave. 3 rd Floor 10 oct. 10 am – 12 pm a 28 nov. Padres con niños 0-8	Earle Elementary School 2040 W. 62 nd St. Oct. 11 10 am – 12 pm to Dec. 6 Parents with children 13-18 	Peck Early CPC 4026 W. 59 th Street 10:45 am – 12:45 pm Parents with children 0-4
	Lincoln Elementary School 2140 Broadway, Blue Island, IL. Oct. 10 10 am – 12 pm to Dec. 12 Parents with children Preschool – Kindergarten	Community Youth Development Institute 7832 S. Union Ave. Oct. 11 1 pm – 3 pm to Dec. 20 Parents with Children 0-4	Altgeld Garden-Murray Homes @ Carver Park District 939 E. 132 nd Street Oct. 12 11 am – 1 pm To Dec. 7 Parents with children 13-18 
			FRIDAY
	Altgeld Garden-Murray Homes Aldridge Elementary School 630 E. 131 st Street, Chicago Oct. 10 3 pm – 5 pm to Nov. 28 Parents with children 13-18 		Enrico Tonti CPC 5815 S. Homan Ave. 13 oct. 11:30 am – 1:30 pm a 15 dec. Padres con niños 0-8
	Metropolitan Family Services-Blue Island 13136 W. Western Ave. Oct. 10 5-7 pm to Nov. 28 Parents with children 0-8		West Town Academy 534 N. Sacramento Blvd. Oct. 13 12:30 am – 2:30 pm to Dec. 8 Parents with children 0-4



Parenting Fundamentals (PF) offers parents tools and techniques to help their children live fulfilling and productive lives. PF is a comprehensive, evidence-based Parenting Education program that offers classes in English and Spanish to parents with children ages 0-18. The program empowers parents through education to strengthen families and improve school performance.

Parenting classes are two-hour sessions that teach the importance of parent-child connection, positive parenting skills, effective discipline, support for school success, and self-care for parents. The PF program also provides additional family support and guidance through Home Visits that allow for one-on-one time with the parenting educator to address needs that may be difficult to bring up in class, support parent-child interaction in the home, and assess for other resources families may need. Childcare is provided for children while parents attend the class and refreshments are served.

For classes **NOT** indicated with **Get IN* Chicago**, there is a sliding scale fee based on the family's income for the class **which starts at** \$25 for the entire series. Each participant will be informed of their fee when they call to register. To register for a class, call 773-884-2290.

For more information about the program, please contact Katharine Bensinger at 773-371-3735 or bensingk@metrofamily.org

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Fundamentos de Crianza (PF) ofrece a los padres herramientas y técnicas para ayudar a sus hijos a vivir una vida plena y productiva. PF es un programa educativo integral para padres basado en evidencia, que ofrece clases en inglés y español a padres con niños de 0 a 18 años. Este programa ofrece herramientas a los padres, fortaleciendo a sus familias y mejorando el rendimiento escolar.

Las clases de padres son sesiones de dos horas que enseñan la importancia de la conexión entre padres e hijos, habilidades positivas para los padres, disciplina efectiva, apoyo para el éxito escolar y cuidado personal para los padres. El programa de PF también brinda apoyo y orientación familiar adicionales a través de visitas a domicilio que permiten un tiempo individual con el educador de padres para atender las necesidades que pueden ser difíciles de discutir en clase, apoyar la interacción entre padres e hijos en el hogar y evaluar recursos que las familias puedan necesitar. Se proporciona cuidado de niños mientras los padres asisten a clase. Se ofrecen refrescos.

Para las clases sin el logo "**Get IN* Chicago**", tienen un pequeño costo de acuerdo al ingreso de la familia, **iniciándose con** \$25 por la serie entera, la cual se le indicará al inscribirse. Si desea inscribirse llame al 773-884-2290.

Para obtener más información sobre el programa, comuníquese con Katharine Bensinger al 773-371-3735 o bensingk@metrofamily.org