Metropolitan Family Services
More than 150 years of amazing strength

2009 ANNUAL REPORT
Nearly everyone has been touched by these difficult economic times. And Metropolitan is no exception.

The economy has affected every revenue source that we count on – from state funding to our donors and the United Way. Yet we remain resilient in managing through these challenges by controlling expenses and creating efficiencies throughout the organization, obtaining additional funding, and exploring new partnership opportunities.

It was with deep regret that we had to lay off staff earlier this year as a result of the State of Illinois budget crisis and the uncertainty related to funding for human services. We are working closely with legislators to advocate for funding of programs that we feel are critical to the vitality and future of our state. Despite these cuts, we are focused on providing the highest quality of services to our clients and are committed to serving families through our seven community areas in Chicago and the suburbs.

We are very pleased to share two significant and positive funding developments. The Chicago Community Trust recently provided a $200,000 grant to Metropolitan Family Services. This represents the largest grant made by the Trust in the basic human services area and is confirmation that this major funder continues to value and support our capacity for delivering services.

Metropolitan is also the recipient of a grant from the Wallace Foundation totaling $400,000 over a four-year period. In this competitive grant process, Metropolitan was selected as one of the exemplary out-of-school-time programs in the city of Chicago. The grant is provided to enhance our financial management processes so that we become even more effective in providing services through our out-of-school-time programs.

We are proud to receive these recent grants, not only for the funding they provide but also because they are evidence of the quality of our programs and services and the effective and efficient manner in which we operate. These organizations make their decisions based on objective criteria and data-driven indicators of excellence. At Metropolitan we invite close scrutiny of our work, and continuous measurement of outcomes shows our ability to deliver positive results for those we serve.

As one of the largest and longest-standing human services agencies in Chicago, we take an active leadership role in partnerships and collaborations with other organizations. We are actively involved with the Illinois Partnership for Human Services, an advocacy group that represents more than 70 agencies committed to advancing the awareness and value of human services in sustaining and building strong families and communities.

Metropolitan also is taking the lead as the fiscal agent on behalf of the eight nonprofit partners that have joined together as the Back Office Cooperative (BOC). The goal of this initiative is to realize administrative costs savings through strategic sourcing. In FY 2009, Metropolitan saved nearly $50,000 through our participation in BOC.

This year, we served more than 50,000 families and individuals. Looking to the future and in keeping with our strategic plan, we are pursuing opportunities to increase awareness of Metropolitan Family Services and to expand the level of core services we provide through our existing community centers. We have been approached by a number of organizations interested in forming strategic alliances. Our goal in all of these discussions is to expand further into the communities we serve and to maintain excellence in our service delivery.

We wish to thank Metropolitan’s Board of Directors for rallying during these challenging times and continuing to provide a high level of support for all that we do. We also thank our talented staff members for their commitment to serving families and fulfilling our mission.

Our most heartfelt thanks go out to all of the community boards, committees, volunteers, friends and donors who support Metropolitan Family Services. We ask that you continue to reach out to your local community and legislative leaders to restore funding for human services to an appropriate level. For more than 150 years, Metropolitan Family Services has been helping families realize their amazing strength. And we plan to be there for them well into the future.

Richard L. Jones, Ph.D.
President and CEO
Mission

Metropolitan Family Services’ mission is to provide and mobilize the services needed to strengthen families and communities.

For more than 150 years, Metropolitan Family Services has responded to the evolving and critical needs of Chicago’s families. Operating seven centers in communities with underserved populations, Metropolitan provides the help and hope needed to encourage and empower families.

Programs and Services

Metropolitan Family Services provides a wide variety of programs and services designed to strengthen families and help them realize their potential.

- **Child and Youth Development**
  Promotes academic achievement and social and emotional development among children, youth and families to foster their success in life.

- **Counseling**
  Provides support to individuals and families challenged with personal, phase-of-life and transitional issues.

- **Economic Stability**
  Provides support and education to economically challenged families so they may improve their quality of work, lifestyle and financial situation.

- **Employee Assistance Network (EAN)**
  Provides counseling services that help workers achieve a better balance in their lives and be more productive on the job.

- **Legal Aid**
  Provides legal assistance in the areas of domestic violence, family and elder law, housing and consumer issues to low-income individuals.

- **Mental Health**
  Provides psychiatric evaluation, case management and crisis intervention to help children and adults with chronic mental illness recover and be productive.

- **Older Adult Services**
  Provides counseling and caregiver respite to assist older adults and their families in meeting the challenges and opportunities of later years.

- **Parent Development**
  Supports parents in acquiring skills that promote the healthy growth and development of children.

- **Public Policy**
  Advocates for public policies that support and strengthen moderate and low-income families and communities.

- **Violence Prevention and Intervention**
  Provides services to address violence in homes and schools to keep individuals and families safe.
### Statement of Financial Position

**Assets**

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>116</td>
<td>175</td>
<td>268</td>
</tr>
<tr>
<td>Receivables</td>
<td>3,826</td>
<td>4,602</td>
<td>3,120</td>
</tr>
<tr>
<td>Investments</td>
<td>31,924</td>
<td>42,671</td>
<td>48,948</td>
</tr>
<tr>
<td>Interest in trusts</td>
<td>11,872</td>
<td>13,724</td>
<td>14,613</td>
</tr>
<tr>
<td>Property and equipment</td>
<td>17,639</td>
<td>17,894</td>
<td>17,017</td>
</tr>
<tr>
<td>Other</td>
<td>337</td>
<td>399</td>
<td>494</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>65,714</td>
<td>79,465</td>
<td>84,460</td>
</tr>
</tbody>
</table>

**Liabilities and Net Assets**

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accruals</td>
<td>2,526</td>
<td>2,132</td>
<td>2,061</td>
</tr>
<tr>
<td>Line of credit</td>
<td>1,250</td>
<td>1,450</td>
<td>500</td>
</tr>
<tr>
<td>Notes payable</td>
<td>1,785</td>
<td>2,377</td>
<td>1,688</td>
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<tr>
<td>Bonds payable</td>
<td>12,700</td>
<td>12,700</td>
<td>12,700</td>
</tr>
<tr>
<td>Pension liability</td>
<td>6,604</td>
<td>3,960</td>
<td>3,391</td>
</tr>
<tr>
<td>Other</td>
<td>1,763</td>
<td>726</td>
<td>984</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td>26,628</td>
<td>23,345</td>
<td>21,324</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td>39,086</td>
<td>56,120</td>
<td>63,136</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>65,714</td>
<td>79,465</td>
<td>84,460</td>
</tr>
</tbody>
</table>

**Note:** Amounts for 2009 are unaudited. Audited financial statements for 2009 will be available after October 15, 2009.

In addition to the amount listed for Fiscal Year 2009, $527,000 of in-kind goods and services were donated to Metropolitan Family Services including a gift from Discover of 21,540 toys to our Holiday Gift Program, valued at $442,000.
Leaving troubled teen years behind to become a responsible father was challenging. Richard’s story is one of resilience.

Richard Gardner grew up on the South Side of Chicago. As a young teen he got involved in gangs and drugs and was arrested, but never convicted. He is 26 and has a 3-year-old son, Richard Jr. Unlike most men who join the Young Fathers Program, Richard had a high school diploma and a job. In 2006, while working second shift in a low-paying job doing maintenance at a family health center he learned about Metropolitan. During an intensive one-week class he received employment and job-readiness training, resume building and interview preparation, and learned about budgeting. He also learned a lot about parenting and the importance of parent involvement, the difference between punishment and discipline and how to resolve conflicts. With help from Metropolitan, he landed a new job at the Rehabilitation Institute of Chicago (RIC), part of Northwestern. Though he still does maintenance, he makes nearly $5 above minimum wage and has $75 of every paycheck direct-deposited into savings. He likes his job and works overtime whenever it is offered. He’s “the go-to guy” at work and has a good relationship with his supervisors, his co-workers and the patients at RIC. He’s also taking nursing classes at Kennedy-King College.

“I was committed to changing things in my life,” Richard says. “The Young Fathers Program calmed me down and helped me to be more family oriented.” Richard adores Richard Jr. and spends every other weekend with him. He has a wonderful relationship with his son’s mother. “We are new parents and are learning as we go,” he adds. “Metropolitan helped me understand how children grow and develop and how to be a good parent. The advice I got also helped me in my relationship with my own parents.”

Richard is still involved with the program and helps to recruit other guys on the street. He recently led a workshop on how to improve communications with your child’s mother. “This is a great program and definitely a life-changing opportunity,” Richard says. “I’m a better man – a better parent, friend and son.”
## Statement of Activities

**Operating Revenue**

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Grants</td>
<td>15,439</td>
<td>14,463</td>
<td>17,892</td>
</tr>
<tr>
<td>Program Service Fees</td>
<td>6,599</td>
<td>7,144</td>
<td>3,465</td>
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<tr>
<td>Contributions</td>
<td>4,177</td>
<td>4,370</td>
<td>4,449</td>
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<tr>
<td>United Way</td>
<td>3,120</td>
<td>3,158</td>
<td>3,243</td>
</tr>
<tr>
<td>Endowment Payout</td>
<td>2,795</td>
<td>1,900</td>
<td>2,350</td>
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<tr>
<td>Income from Trusts &amp; Other Income</td>
<td>747</td>
<td>1,733</td>
<td>1,299</td>
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<tr>
<td><strong>Total Operating Revenue</strong></td>
<td><strong>32,877</strong></td>
<td><strong>32,768</strong></td>
<td><strong>32,698</strong></td>
</tr>
</tbody>
</table>

## Operating Expenses

### Program Expenses

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health</td>
<td>6,806</td>
<td>7,150</td>
<td>6,936</td>
</tr>
<tr>
<td>Child &amp; Youth Development</td>
<td>6,181</td>
<td>6,002</td>
<td>5,742</td>
</tr>
<tr>
<td>Counseling</td>
<td>3,765</td>
<td>4,133</td>
<td>4,066</td>
</tr>
<tr>
<td>Older Adults</td>
<td>2,195</td>
<td>2,369</td>
<td>2,391</td>
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<tr>
<td>Parent Development</td>
<td>2,193</td>
<td>2,243</td>
<td>2,272</td>
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<tr>
<td>Economic Stability</td>
<td>2,666</td>
<td>2,133</td>
<td>2,033</td>
</tr>
<tr>
<td>Legal Aid</td>
<td>1,572</td>
<td>1,398</td>
<td>1,267</td>
</tr>
<tr>
<td>Violence Prevention &amp; Intervention</td>
<td>613</td>
<td>569</td>
<td>478</td>
</tr>
<tr>
<td>Employee Assistance Network (EAN)</td>
<td>353</td>
<td>397</td>
<td>413</td>
</tr>
<tr>
<td>Public Policy</td>
<td>264</td>
<td>329</td>
<td>350</td>
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<tr>
<td><strong>Total Program Expenses</strong></td>
<td><strong>26,608</strong></td>
<td><strong>26,723</strong></td>
<td><strong>25,948</strong></td>
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<tr>
<td>Management &amp; General</td>
<td>4,702</td>
<td>5,018</td>
<td>4,661</td>
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<tr>
<td>Fund Raising</td>
<td>1,433</td>
<td>1,752</td>
<td>1,748</td>
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<tr>
<td><strong>Total Operating Expenses</strong></td>
<td><strong>32,743</strong></td>
<td><strong>33,493</strong></td>
<td><strong>32,357</strong></td>
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</tbody>
</table>

### Operating Surplus (Deficit)

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Operating Surplus (Deficit)</strong></td>
<td><strong>134</strong></td>
<td><strong>(725)</strong></td>
<td><strong>341</strong></td>
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</table>

## Other Changes in Net Assets

- **Depreciation & Amortization**: [(641), (666), (950)]
- **Net Investment Gains (Losses)**: [(12,463), (6,394), 6,251]
- **Recognition of Pension Liability Under New Accounting Standard**: [(3,028), (480), (2,828)]
- **Change in Market Value of Interest Rate Swap**: [(1,056), (76), (99)]
- **Capital Campaign – Net Activity**: [0, 1,628, (23)]
- **Other**: [20, (303), 24]

### Non-Operating Activity

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Non-Operating Activity</strong></td>
<td><strong>(17,168)</strong></td>
<td><strong>(6,291)</strong></td>
<td><strong>2,375</strong></td>
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### Total Change in Net Assets

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Change in Net Assets</strong></td>
<td><strong>(17,034)</strong></td>
<td><strong>(7,016)</strong></td>
<td><strong>2,716</strong></td>
</tr>
</tbody>
</table>

### Net Assets at Beginning of Year

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Net Assets at Beginning of Year</strong></td>
<td><strong>56,120</strong></td>
<td><strong>63,136</strong></td>
<td><strong>60,420</strong></td>
</tr>
</tbody>
</table>

### Net Assets at End of Year

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Net Assets at End of Year</strong></td>
<td><strong>39,086</strong></td>
<td><strong>56,120</strong></td>
<td><strong>63,136</strong></td>
</tr>
</tbody>
</table>
Alex Delgado is a happy 4th grader at Reinberg School on Chicago’s North Side. He loves to read and takes pride in knowing his multiplication tables. But this wasn’t always the case. Alex struggled with basic math and reading skills in 1st and 2nd grade and was held back a year. His father, Joaquin, was concerned how this would affect his son academically and socially. His teachers recommended him for a new out-of-school-time program offered at the school through Metropolitan. There he could get homework help before and after school and spend time with other kids in his grade. The program has not only helped him improve his grades, he now has the confidence to speak up in class. He plays bongos in the after-school music class and performed in the spring variety show. He also is interested in learning bass guitar. This summer he discovered soccer, his new favorite sport, and visited the Field Museum, the Shedd Aquarium and the Mexican Fine Arts Museum.

Metropolitan’s out-of-school-time program is made possible in part through a five-year grant from the Illinois State Board of Education. “Metropolitan has done a lot for our school and our kids,” says Reinberg School Principal Edwin Loch. “It’s been great. It gives us the opportunity to reach so many more students who need help.” Now in its third year, more than 90 children during the school year and 50 in the summer receive tutoring and homework help to build math and reading skills. Parent involvement is also a big part of the program’s success. “Every morning I take him to school and I help out whenever I’m needed,” adds Joaquin. “He likes when I come to school now and I know all his teachers.”
Statistics

Clients Served by Program

- 18% Counseling .................. 8,894
- 16% Legal Aid Bureau .............. 8,333
- 15% Mental Health ................ 7,868
- 14% Child & Youth Development ... 7,308
- 9% Older Adult Services ........... 4,820
- 9% Parent Development ............. 4,414
- 7% Information & Referral .......... 3,816
- 5% Economic Stability .............. 2,733
- 5% Employee Assistance Network (EAN) ... 2,714
- 2% Violence Prevention & Intervention ... 1,067

Total Clients Served .................. 51,967

Operating Revenue

- 47% Government Grants
- 20% Program Service Fees
- 13% Contributions
- 9% United Way
- 9% Endowment Payout
- 2% Income from Trusts & Other Income

Operating Expenses

- 21% Mental Health
- 19% Child & Youth Development
- 14% Management & General
- 11% Counseling
- 8% Economic Stability
- 7% Older Adults
- 7% Parent Development
- 5% Legal Aid
- 4% Fund Raising
- 2% Violence Prevention & Intervention
- 1% Employee Assistance Network (EAN)
- 1% Public Policy
Overcoming adversity isn’t easy. Delores’ story is one of resilience.

Growing up in the Trumbull Park development, life for Delores “Princess” Black wasn’t easy. She was mistreated as a young girl. She has worked since she was 16 and passed the GED. At age 22, she experienced both tragedy and joy with the death of her father and the birth of her son. When a job loss put her at risk of jeopardizing her public housing status, she turned to Metropolitan Family Services and the Family Works program. In conjunction with the Chicago Housing Authority’s Plan for Transformation, Metropolitan’s Family Works helps families on Chicago’s South and Southeast Sides maintain permanent housing through employment readiness services, case management and counseling.

Discouraged and self-conscious of her situation, Delores’ case worker saw something in her that she didn’t see in herself and offered her a part-time job as an outreach worker for the program. Now Delores works with families within her own neighborhood who need assistance. She visits families at home who can’t be reached otherwise. Delores says, “I tell them that they have to stop looking down on themselves and ask for help. We help families become self-sufficient; sometimes they have issues with health and education. Some people can’t read, so we connect them to adult education support.”

Delores’ son is now 13. She encourages him to be strong, stay in school and make better choices than she did as a teen. She shows him her paycheck and the family bills so he understands what it takes to make a living and why sometimes he doesn’t always get the things he wants. Here’s the way she sees things now: “I don’t have to ever be rich; I just want to work hard and be comfortable in life. I want to make sure my son is safe. Metropolitan gave me the opportunity to make things better and they helped me to believe in myself.”
Thank you to our donors!

Metropolitan Family Services wishes to recognize the many corporations, foundations and individuals whose financial support during fiscal year 2009 helped us to strengthen thousands of families throughout metropolitan Chicago.

**FOUNDATION, ORGANIZATION AND CORPORATE DONORS**

**$100,000 AND ABOVE**
- JPMorgan Chase Foundation
- Kirkland & Ellis Foundation
- Lawyers Trust Fund of Illinois
- Polk Bros. Foundation
- Treasure House

**$50,000 TO $99,999**
- Bank of America
- Nathan and Emily S. Blum Fund
- Chatter One Foundation
- The Chicago Bar Foundation
- CNA Foundation
- Hartford Casualty Insurance Company
- Homebuilding Community Foundation
- Illinois Equal Justice Foundation
- Jenner & Block LLP
- Kirkpatrick Family Charitable Foundation Trust
- Mayer Brown LLP
- Sidley Austin LLP
- The Topter Family Foundation
- U.S. Cellular

**$25,000 TO $49,999**
- Allstate Foundation
- Anonymous
- Baker & McKenzie
- Chicago Tribune Charities - Holiday Campaign, a fund of the McCormick Foundation
- ComEd, An Exelon Company
- Community Memorial Foundation
- DeLone LLP
- Equal Justice Works
- Finlandian Family Foundation
- Julius Franklin Foundation
- Harris Trust & Savings Bank
- Bowman C. Lingle Trust
- Local Initiatives Support Corporation
- Michael Reese Health Trust
- The Northern Trust Company
- Nuveen Investments, Inc.
- Reade Industrial Fund
- Square D Foundation
- WGN Radio 720 Neediest Kids Fund, a fund of the McCormick Foundation

**$10,000 TO $24,999**
- Aileen S. Andrew Foundation
- Aon Corporation
- The Alfred Bersted Foundation
- Brinks Hofer Gilson & Lione
- Chicago Area Foundation for Legal Services
- Citi Foundation
- Dimon Award
- Discover Financial Services
- The Duchossois Family Foundation
- The Duchossois Group, Inc.
- DuPage Community Foundation
- Max Goldberg Foundation
- Jones Day
- Kraft Foods
- William G. McGowan Charitable Fund
- Mesrow Financial
- John W. Parmelee Trust
- Dr. Scholl Foundation
- Walgreen Co.
- West Suburban Foundation for Disabled Veterans
- Wheaton Family Service League
- Winston & Strawn LLP

**$5,000 TO $9,999**
- Asymmetric Bond Markets, LLC
- Braydon Partners LLC
- Burke Warren MacKay & Serrettella, PC
- Chatter One
- Deutsche Bank
- Eimer Stahl Klavon & Solberg LLP
- Hub International Limited
- Frederick E. Hummel & Idia H. Hummel Foundation
- Illinois Bar Foundation
- Illinois Tool Works, Inc.
- Jay Johnson Charitable Trust
- KPMG LLP
- Leaders Bank
- McDonald’s Corporation
- Pierce, Givens & Associates LLC
- PricewaterhouseCoopers, LLP
- Public Interest Law Initiative
- B. T. Rocca, Jr. Foundation
- Richard M. and Elizabeth M. Ross Foundation
- Seyfarth Shaw LLP
- Southwest Organizing Project

**$2,500 TO $4,999**
- Aberdeen Charitable Foundation
- AstraZeneca
- Baxter International Inc.
- Bryan Cave LLP
- Colliers Barnett & Kahnweiler Community Bank
- Wheaton Glen Ellyn
- Crowe Horwath
- DraftFCB
- Drinker Biddle & Reath LLP
- Exchange Club of Naperville
- First Evangelical Lutheran Church
- Glen Ellyn Family Service League
- Goldman, Sachs & Co.
- Harris Bank Glen Ellyn
- Hetman
- The Horton Group
- Ice Miller LLP
- Kinder Morgan Foundation
- Kirkland & Ellis LLP
- McDermott Will & Emery Midwest Bank & Trust
- Navigant Consulting, Inc.
- Packaging Personified, Inc.
- Perkins Coie LLP
- PNC Capital Advisors
- The PrivateBank
- Skadden, Arps, Slate, Meagher & Flom LLP

**$1,000 TO $2,499**
- Aileen S. Andrew Foundation
- Aon Corporation
- The Alfred Bersted Foundation
- Brinks Hofer Gilson & Lione
- Chicago Area Foundation for Legal Services
- Citi Foundation
- Dimon Award
- Discover Financial Services
- The Duchossois Family Foundation
- The Duchossois Group, Inc.
- DuPage Community Foundation
- Max Goldberg Foundation
- Jones Day
- Kraft Foods
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- Dr. Scholl Foundation
- Walgreen Co.
- West Suburban Foundation for Disabled Veterans
- Wheaton Family Service League
- Winston & Strawn LLP

**$500 TO $999**
- Allstate Foundation
- Anonymous
- Baker & McKenzie
- Chicago Tribune Charities - Holiday Campaign, a fund of the McCormick Foundation
- ComEd, An Exelon Company
- Community Memorial Foundation
- DeLone LLP
- Equal Justice Works
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- Michael Reese Health Trust
- The Northern Trust Company
- Nuveen Investments, Inc.
- Reade Industrial Fund
- Square D Foundation
- WGN Radio 720 Neediest Kids Fund, a fund of the McCormick Foundation

**$250 TO $499**
- Allstate Foundation
- Anonymous
- Baker & McKenzie
- Chicago Tribune Charities - Holiday Campaign, a fund of the McCormick Foundation
- ComEd, An Exelon Company
- Community Memorial Foundation
- DeLone LLP
- Equal Justice Works
- Finlandian Family Foundation
- Julius Franklin Foundation
- Harris Trust & Savings Bank
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- Local Initiatives Support Corporation
- Michael Reese Health Trust
- The Northern Trust Company
- Nuveen Investments, Inc.
- Reade Industrial Fund
- Square D Foundation
- WGN Radio 720 Neediest Kids Fund, a fund of the McCormick Foundation

**$100 TO $249**
- Aileen S. Andrew Foundation
- Aon Corporation
- The Alfred Bersted Foundation
- Brinks Hofer Gilson & Lione
- Chicago Area Foundation for Legal Services
- Citi Foundation
- Dimon Award
- Discover Financial Services
- The Duchossois Family Foundation
- The Duchossois Group, Inc.
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- Walgreen Co.
- West Suburban Foundation for Disabled Veterans
- Wheaton Family Service League
- Winston & Strawn LLP

Last year less than 5% of our 8,894 clients who received general counseling required more intensive and costly mental health services.
Metropolitan’s Mentors of Mothers program helped 9 in 10 teen moms prevent additional pregnancy, saving the state as much as $3.4 million annually.16
Thank you to our donors continued

Mr. and Mrs. Michael G. Lombard
Mr. Richard C. Lyman
Ms. Eugene D. Malloy
Mr. Greg Mancuso
Mr. and Mrs. Robert Mangan
Dominic and Alene Mangone
The Honorable and Mrs. Thomas D. Marucci
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Systems of Care (SOC) provides intensive services for foster children who have experienced severe abuse or neglect. Over the past two years, 8 in 10 youth in our SOC program were stabilized in their foster care placement homes.
In the past two years 99% of the 549 clients in Metropolitan’s Senior Counseling program did not require a costly inpatient psychiatric hospitalization.
Thank you to our donors continued

Over the past two years, we provided services for 512 foster children who were in danger of being hospitalized in a psychiatric unit. 29% of the foster children we served were stabilized and kept in the community compared to 18% in Cook County.14

IN HONOR OF
Gifts were made in honor of the following individuals:
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Gifts were made in memory of the following individuals:
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David Parisi
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Kenneth Shoemaker
Father Vic Sivore
Virginia A. Stenney
Burt Stone
Marilyn Vietoris

Each child in Head Start saves society an estimated $83,511 throughout that child’s lifetime. Last year we placed 235 children in Head Start/Pre-K.7
9 in 10 participants in our Young Fathers program retained jobs or found another job, and 8 of those 9 were employed for at least one year or longer.6

Metropolitan’s Legal Aid Bureau provided comprehensive legal representation to 661 survivors of domestic violence resulting in 110 orders of protection, 172 custody orders, 216 safe visitation orders and 104 dissolution judgments last year.9

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We gratefully acknowledge gifts received during fiscal year 2009. Although every effort is made to avoid errors, occasionally an error may occur. Please accept our sincere apologies if your name has been omitted or incorrectly spelled or listed. We would appreciate notifying us so we may make corrections to our records. To request a change, please contact Alessia Rivera in External Affairs at 312-986-4008 or riveraa@metrofamily.org.
Family Trust
Endowments and bequests are two of the most effective ways to show your support for the amazing strength of families. Metropolitan Family Services would like to recognize the following individuals who have expressed their commitment to families through current endowment or future estate gifts.

We invite you to consider including Metropolitan Family Services in your estate plan. Potential benefits include:

- Raising current income
- Lowering current income taxes
- Eliminating capital gains taxes
- Lowering or eliminating possible federal estate taxes
- Safeguarding assets for family and loved ones

If you have questions about your will or estate plan, or would like to learn more about making a special gift via our charitable planning services, please contact:

Dennis Conroy
Senior Vice President, External Affairs
312-986-4123
conroyd@metrofamily.org

SPECIAL RECOGNITION
Metropolitan Family Services gratefully acknowledges the following gift made through estate giving:

Estate of Virginia E. Young

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Metropolitan Family Services gratefully acknowledges the following individuals who have expressed their commitment to families through current endowment or future estate gifts.

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Metropolitan’s Parents as Teachers program was able to secure children’s health insurance for 97% of families served, compared to 2.4% of families served by this program nationally.10
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The Poverty Law Project, which provides low-cost legal services to families in their communities, provided housing and consumer legal assistance to 426 clients at Metropolitan’s Calumet, Midway and Southwest Centers last year.11

In the past two years, our mental health programs such as CILA and CST have saved the state as much as $1,155,000 by preventing psychiatric hospitalization and providing supportive housing services.12
Systems of Care (SOC) provides intensive services for children who have experienced severe abuse or neglect, helping to keep them in their placement foster homes. Over the past two years, 8 in 10 youth in our SOC program were stabilized in their foster care placement homes.13

Since 2004, 97% of the Metropolitan Family Services’ clients surveyed have indicated services they received helped them deal more effectively with their problems. We consistently outperform national benchmarks using similar measures.18
In the past year Metropolitan’s Legal Aid Bureau provided comprehensive legal representation for 106 child support orders totaling $688,944.  

In the past two years, Metropolitan’s Parent Development programs immunized 972 children. 

Thank you to our board members continued
Last year, the Employee Assistance Network helped 955 clients from more than 40 different companies cope with challenges such as marital/relational problems, depression and anxiety as well as legal and financial issues.17

References

1. African American Initiative is a community-based prevention model for African American males ages 10-16 and their families. Developmentally focused as well as strength and empowerment based, AAI holds weekly support groups for parents and children to facilitate caregiver involvement, involve larger system issues, and provide information and experiences to enrich youths’ lives. Home visits, supportive counseling and case management are also provided to meet families’ needs. Positive life path refers to staying in high school, graduating and avoiding incarceration. A high school dropout contributes about $60,000 less in taxes over a lifetime and annual costs to reenroll dropouts are approximately $20,000 per student. 9 in 10 refers to the 69 participants involved in this program in the past two years. Last two years refers to FY2008 and FY2009. A fiscal year runs from July 1 to June 30. Redeploy Illinois, (2008). Illinois annual report: Implementation and impact, Executive summary retrieved from http://www.chicagometropolis2020.org/documents/redployillinoisLegRepos2008.pdf.


4. The national average cost per child in foster care was $14,855 in 2005. Our Adoption Preservation program saved taxpayers upwards of $26 million based on the average cost of foster care per child. Last two years refers to FY2008 and FY2009. A fiscal year runs from July 1 to June 30. For more information regarding Adoption Preservation, please visit http://www.aajl.org/family/family-106.htm or http://www.childwelfare.gov/publications/dsvip.cfm.

5. Last year refers to FY2009 which ran from July 1, 2008 to June 30, 2009. Metropolitan served 8,894 general counseling clients in FY2009.

6. Since the program’s launch in FY2002, 62% of Young Fathers graduates have found jobs, compared to a 40% Metro Chicago unemployment rate for African American males living in Chicago. Stars are from FY2008 which runs from July 1, 2008 to June 30, 2009: U.S. Census Bureau, (2005). American Community Survey 2005.


8. Last year refers to FY2009 which runs from July 1, 2008 to June 30, 2009.

9. Last year refers to FY2009 which runs from July 1, 2008 to June 30, 2009. For more information on the Legal Aid Bureau, please visit www.metrofamily.org

10. Parents as Teachers (PAT) provides parent education services to families with children ages birth to 5 years. Through home visits, family nights, play groups, developmental screenings and other services, parents increase self-confidence and competence as their child’s first and most influential teacher, providing a solid foundation for their child’s success in school. Uninsured people in the US used $1,253 in medical care in an average in 2003. Based on that estimate we saved the state up to $246,841. The Henry J. Kaiser Foundation, (2003). The cost of not covering the uninsured. The Kaiser Commission on Medicaid and the uninsured, retrieved from http://www.kff.org/uninsured/upload/Cost-of-Not-Covering-the-Uninsured-Project-Highlights.pdf.

11. The Poverty Law Project provides low-cost legal services to families and their communities, and is available at the Calumet, Midway and Southwest Centers. Last year refers to FY2009 which runs from July 1, 2008 to June 30, 2009.


13. The annual cost of serving one youth in a residential setting ranges from about $20,000 to about $132,000, with a median cost of about $44,000. We saved an estimated $3,212,000 last two years refers to FY2008 and FY2009. We saved Illinois residents up to $3,564,288. National Campaign to Prevent Teen Pregnancy. (2006). By the numbers: The public costs of teen childbearing in Illinois. Highlights retrieved from http://www.thenationalcampaign.org/costs/pdf/states/illinois/fact-sheet.pdf.

14. In our SASS program last during the last two and a half years, Metropolitan provided services to 512 foster children. SASS stands for Screening Assessment and Supportive Services. This program stabilizes crisis situations and provides intensive mental health services to children and adolescents who are experiencing acute psychiatric episodes. 18% refers to the average number of foster children stabilized in SASS programs in Cook County. Past two and half years refers to FY2008 and FY2009. A fiscal year runs from July 1 to June 30. For more information on Adoption Preservation, please visit http://www.childwelfare.gov/publications/dsvip.cfm.

15. Parent Development programs may include Expanded Family Support, Healthy Families, Mentors of Mothers (MOMs), MOMs Plus, Parents as Teachers (PAT), Parents Plus and Parents Plus Partners all of which are programs provided by Metropolitan Family Services. For more information on these programs, please visit www.metrofamily.org. Past two years refers to FY2008 and FY2009. A fiscal year runs from July 1 to June 30.


17. EAN is an Employee Assistance Program that helps the employees of its clients cope with various life challenges. For more information on EAN please visit www.metrofamily.org/ean.

18. Clients were from FY04 through FY09. Information is gathered based on Clients who were asked to complete a Client Satisfaction Questionnaire (CSQ). Information for CSQ-8 scales can be found here: http://web.mac.com/cliffattkisson/TamalpaisMatrix/CSQ_Scales.html.
Metropolitan Family Services has been a champion for families and communities since its founding in 1857 as the Chicago Relief and Aid Society. Here are some pivotal moments from Metropolitan’s history.

**1857**
The Chicago Relief and Aid Society is founded and incorporated by the Illinois State legislature.

**1871**
Chicago Mayor Mason appoints the Chicago Relief and Aid Society to administer all relief, nearly $10 million in money and goods, to victims of the Great Chicago Fire.

**1888**
The Chicago Relief and Aid Society and Chicago Charity Organization merge, bringing a greater focus on poverty prevention to the organization.

**1909**
The Chicago Relief and Aid Society and the Chicago Bureau of Charities merge to form United Charities of Chicago.

**1919**
The Chicago Legal Aid Society becomes part of United Charities. The renamed Legal Aid Bureau begins providing free legal service for civil law cases.

**1930**
United Charities serves more than 20,000 people each month during the Great Depression.
1934 United Charities helps establish the Community Fund of Chicago, now the United Way.

1935 United Charities leader Joel D. Hunter serves on an official advisory council established by President Franklin D. Roosevelt to help shape what would become the Social Security Act.

1972 United Charities establishes its Social Policy department to advocate for families at all levels of government.

1995 United Charities changes its name to Metropolitan Family Services to better reflect the work and scope of the broad community it serves.

2006 Metropolitan moves to its current headquarters at One North Dearborn and continues to serve more than 50,000 individuals and families annually.

2007 Metropolitan celebrates its 150th anniversary and convenes the Inaugural Summit on the Metropolitan Family, bringing together 300 prominent leaders to inspire new solutions to challenges facing families.