

## At a Glance

Metropolitan Family Services Evanston/Skokie Valley has served families in Evanston, Niles and Maine Townships since 1996.

### Families Served in Your Community

Each year, nearly 2,000 families and individuals receive direct services that build on their strengths and abilities; thousands more benefit from our social policy and advocacy efforts.

### Staff

A comprehensive array of services is offered by bi-lingual professionals including licensed clinical social workers, counselors, case managers, mental health professionals and early childhood educators.

### Funding

Funding comes from a mix of sources including foundations, generous individuals, businesses, state and federal government agencies, schools, the United Way, Evanston Mental Health Board and Niles Township.

### Partnerships

Metropolitan Family Services works collaboratively with community residents, area service providers and other community stakeholders. A Community Advisory Board provides vital input and advocates for services that respond to the needs of families and the community.

For more information call 847.425.7400 or visit [www.metrofamily.org](http://www.metrofamily.org)



## 150 Years of Amazing Strength

*Since 1857,*

*Metropolitan Family Services*

*has been a voice for families.*

*A voice that speaks for those*

*who need compassionate counsel*

*and supportive services.*

*In Chicago and suburban communities*

*we provide programs*

*for every family member –*

*from young children to older adults.*

*And we champion social policies*

*that protect them.*

*Because for 150 years,*

*we have never stopped believing in*

*the amazing strength of families.*

## Metropolitan Family Services

*150 years of amazing strength*

### EVANSTON/ SKOKIE VALLEY

820 Davis Street  
Suite 450  
Evanston, Illinois 60201  
847.425.7400

### SKOKIE OFFICE

5210 Main Street  
Skokie, Illinois 60077  
847.425.7400

### HEADQUARTERS

One North Dearborn  
Chicago, Illinois 60602  
312.986.4000  
[www.metrofamily.org](http://www.metrofamily.org)

### EMPLOYEE

ASSISTANCE NETWORK  
312.663.5600  
800.905.0994

### LEGAL AID BUREAU

312.986.4200

### CITY CENTERS

#### CALUMET

235 East 103<sup>rd</sup> Street  
Chicago, Illinois 60628  
773.371.3600

#### MIDWAY

3843 West 63<sup>rd</sup> Street  
Chicago, Illinois 60629  
773.884.3310

#### NORTH

3249 North Central Avenue  
Chicago, Illinois 60634  
773.371.3700

#### SOUTHEAST CHICAGO

3062 East 91<sup>st</sup> Street  
Chicago, Illinois 60617  
773.371.2900

### SUBURBAN CENTERS

#### DUPAGE

222 East Willow Avenue  
Wheaton, Illinois 60187  
630.784.4800

#### SOUTHWEST

10537 South Roberts Road  
Palos Hills, Illinois 60465  
708.974.2300



United Way  
Metro Chicago

DEAF AND HARD OF HEARING CALLERS, DIAL 711 RELAY.

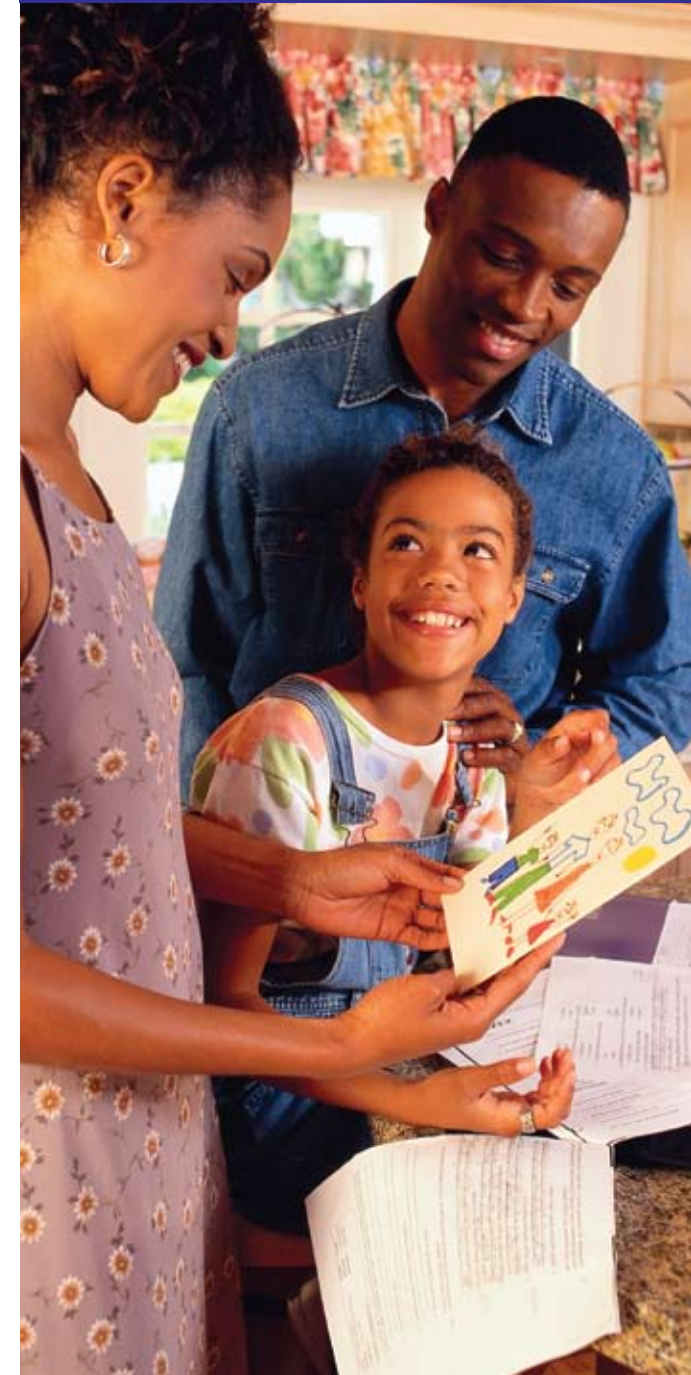
[WWW.METROFAMILY.ORG](http://WWW.METROFAMILY.ORG)

No one will be denied service because of inability to pay. Medicare or eligible private insurance may cover full or partial cost of service. Metropolitan Family Services does not discriminate in admission to programs or in employment. If you feel that you have been discriminated against, you have the right to file a complaint with Metropolitan Family Services' Human Resources Department at 312.986.4050 or the Illinois Department of Human Rights at 312.814.6216.

EVANSTON / SKOKIE VALLEY

## Metropolitan Family Services

*150 years of amazing strength*



## Amazing Strength

For 150 years, Metropolitan Family Services has been a voice for families in Chicago's city and suburban communities. With compassionate counsel and services for families struggling to overcome incredible challenges, Metropolitan makes a difference in each individual's life.

Metropolitan's credentialed staff members include social workers, lawyers, counselors, case managers and educators, working together to ensure families receive the support and resources needed to help them reach their potential.

With a community focus, Metropolitan is able to constantly adapt to help with evolving issues. Seven centers in the city and suburbs offer open, inviting spaces for children and adults to receive services tailored to their concerns:

- Nurturing children to help them realize their promise.
- Addressing mental health needs of children, teens and adults.
- Providing counseling services that build on family strengths and capacity.
- Supporting young parents to be the best parents they can be.
- Offering families care options for aging relatives.
- Intervening in the deadly cycle of family and neighborhood violence.
- Connecting clients with community resources.

## Programs and Services

### Fostering Mental Health and Well-being

#### *Counseling and Mental Health*

Counseling and case management for families and individuals of all ages and psychiatric services for children and adolescents provide needed guidance while focusing on positive change and growth. Services build on individual and family strengths and capacity for change while addressing behavioral problems, special needs and difficult life situations.

### Nurturing Children, Youth and Their Families

#### *Child and Youth Development, School-based Services*

Services help strengthen children's relationships with families and counteract high-risk behaviors. The development of strengths for improving problem-solving and academic skills help youth navigate developmental milestones and lead toward making healthy choices. Related programs such as parenting education, support services for children, and services for at-risk adoptive families, help families learn to function at the highest possible level.

### Enhancing Quality of Life for Older Adults and Their Families

#### *Services for Older Adults and Their Families*

Programs for older adults and their families support seniors through individual and family counseling and case management. Services address care-giving challenges with counseling, referral services and overnight guest house accommodations.

### Promoting Safety for Individuals and Families

#### *Violence Prevention*

Preventing violence in homes and schools is vital to promoting healthy children, youth, adults and seniors as well as secure communities. Violence prevention addresses multiple areas where families may be affected from children and teens to domestic violence between partners. Specialized services are provided for vulnerable seniors who are at risk of abuse, neglect or exploitation.

### Advocating for Families and Communities

#### *Social Policy, Community Development*

Social Policy advocates at state and federal levels to help implement legislation to strengthen families. Policy solutions focus on issues such as child support, payday loan reform and affordable housing. In addition, community development initiatives create partnerships that help Chicago-area communities in areas of planning, coalition building and public education.

### Providing Legal Assistance

#### *Legal Aid Bureau*

The Legal Aid Bureau provides assistance in family law and elder abuse with services to protect the elderly against abuse and financial exploitation and to protect victims of domestic violence, along with essential violence intervention programs to help them rebuild their lives.

### Strengthening Employee Support Systems

#### *Employee Assistance Network*

Customized counseling programs and management consultation services are provided to help employees at all levels create a healthy balance in their lives and be more productive on the job.



*“Family means being there when you really need someone. Metropolitan Family Services is ‘family’ to our community.”*

**Metropolitan Family Services**

*150 years of amazing strength*